



Genetics are to blame for most of your beauty problems – but, there are some that can be minimised. Here, the experts tell you how.

## YOU WANT UNDER-EYE BAGS FIXED

### BEST BET

**LASTS:** Long term

**COSTS:** Over \$2000

According to Dr Edinburg, under-eye bags occur when the membrane under the eye that holds the fat in place becomes lax, so that fat bulges out.

"To remedy this, we make a small incision either just inside or just under the lower lid and re-position the fat in such a way that the area doesn't appear hollow." He explains that a lower lid blepharoplasty is not painful, although a little stinging or blurriness might be experienced for 24 to 48 hours after the procedure. It will cost you around \$2000 to \$5000.

## YOU WANT A SMALLER NOSE

Dr Mark Edinburg, medical director of Sydney's Eden Institute of Plastic and Cosmetic Surgery, says be realistic about what can be done. "A big nose can be made medium-sized, but not small," Dr Edinburg says. "But it is certainly possible to significantly change the shape of a nose."