

Collector's Issue

AUSTRALIAN **HOUSE & GARDEN**



# Beam me up

Lasers and lights are skin rejuvenation's new rays of hope. Elisabeth King examines their power to tighten and tone.

## ROSACEA

Thousands of Australian men and women suffer from this inflammatory skin condition that affects the nose, cheeks, chin and, less commonly, the eyes. Symptoms range from redness and small visible blood vessels to bumps and pimples, and can fluctuate in severity. One of the best treatments available for this condition is the Sciton BBL (broadband laser). According to Kathleen Hoskins, a registered nurse at The Eden Institute of Plastic and Cosmetic Surgery in Sydney, BBL gently heats the top layer of skin with pulsed light, which collapses the broken blood vessels and causes the redness symptomatic of rosacea to disappear.

Like the Fraxel laser, the Sciton BBL is a multi-tasker and also removes hair, port-wine birthmarks, pigmentation and even spider veins in the legs (when used in conjunction with other lasers).

"The Sciton broadband laser's filter system allows practitioners to have more precise control over the depth of treatment and coverage area, so we can customise the therapy for consistent results," explains Hoskins. "What most people comment on, however, is that BBL is much less painful than other laser treatments." Both Fraxel and BBL are also being used to soften wrinkles and bags under the eyes. Treatment for rosacea with Sciton BBL costs about \$330/half face and around for \$440/full face.

