



**BEAUTY
INFOCUS**

Pore-fection

Dr Mark Edinburgh, a member of the Australian Society of Plastic Surgeons, says microdermabrasion is a gentle treatment that appeals to busy people (who can't spend a few days with a paper bag over their heads), while chemical peels use AHAs at much higher strengths than those in skincare products. "Specially formulated skin peels are more effective [than microdermabrasion], but involve a few days of visible peeling skin," says Dr Edinburgh.